

HMOs' Outpatient Behavioral Health Utilization Data for MA Residents
January 1, 2007 - June 30, 2007
(Includes combined HMO Closed Network Plan and HMO Insured Preferred Provider Network Plan statistics)

HMOs with over 150,000 Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Fallon Community Health Plan, Inc.						
Major Depression	1,201	15.53	12,328	159.44	13,529	174.97
Attention Deficit Hyperactivity Disorder	1,305	16.88	2,817	36.43	4,122	53.31
Eating Disorders	186	2.41	298	3.85	484	6.26
Chemical Dependency	933	12.07	3,696	47.80	4,629	59.87
Other Mental Health	8,406	108.72	28,177	364.42	36,583	473.13
Total Outpatient Behavioral Health Utilization	12,031	155.60	47,316	611.94	59,347	767.54
Harvard Pilgrim Health Care, Inc.						
Major Depression	15,645	79.92	52,060	265.93	67,705	345.85
Attention Deficit Hyperactivity Disorder	4,427	22.61	7,026	35.89	11,453	58.50
Eating Disorders	168	0.86	2,063	10.54	2,231	11.40
Chemical Dependency	750	3.83	6,144	31.38	6,894	35.22
Other Mental Health	27,185	138.86	138,023	705.04	165,208	843.90
Total Outpatient Behavioral Health Utilization	48,175	246.08	205,316	1,048.78	253,491	1,294.87
Blue Cross and Blue Shield of MA HMO Blue, Inc.						
Major Depression	41,905	91.93	85,730	188.08	127,635	280.01
Attention Deficit Hyperactivity Disorder	8,814	19.34	16,217	35.58	25,031	54.91
Eating Disorders	1,466	3.22	3,851	8.45	5,317	11.66
Chemical Dependency	3	0.01	14,822	32.52	14,825	32.52
Other Mental Health	97,116	213.06	238,376	522.96	335,492	736.02
Total Outpatient Behavioral Health Utilization	149,304	327.55	358,996	787.58	508,300	1,115.13
Tufts Associated Health Maintenance Organization, Inc.						
Major Depression	13,431	85.08	27,474	174.04	40,905	259.12
Attention Deficit Hyperactivity Disorder	3,005	19.04	5,153	32.64	8,158	51.68
Eating Disorders	139	0.88	1,177	7.46	1,316	8.34
Chemical Dependency	454	2.88	2,007	12.71	2,461	15.59
Other Mental Health	19,871	125.87	74,125	469.55	93,996	595.43
Total Outpatient Behavioral Health Utilization	36,900	233.75	109,936	696.40	146,836	930.15

HMOs with 150,000 or less Massachusetts Membership

	Total Physician Encounters	Annualized Physician Encounters per 1,000 Members	Total Non-Physician Encounters	Annualized Non-Physician Encounters per 1,000 Members	Total Encounters	Annualized Encounters per 1,000 Members
Aetna Health Inc.						
Major Depression	444	122.72	91	25.15	535	147.87
Attention Deficit Hyperactivity Disorder	60	16.58	15	4.15	75	20.73
Eating Disorders	14	3.87	1	0.28	15	4.15
Chemical Dependency	51	14.10	16	4.42	67	18.52
Other Mental Health	29	8.02	67	18.52	96	26.53
Total Outpatient Behavioral Health Utilization	598	165.28	190	52.52	788	217.80
CIGNA HealthCare of Massachusetts, Inc.						
Major Depression	94	32.48	458	158.24	552	190.72
Attention Deficit Hyperactivity Disorder	41	14.17	56	19.35	97	33.51
Eating Disorders	5	1.73	7	2.42	12	4.15
Chemical Dependency	20	6.91	59	20.38	79	27.29
Other Mental Health	151	52.17	1,073	370.72	1,224	422.90
Total Outpatient Behavioral Health Utilization	311	107.45	1,653	571.12	1,964	678.57
ConnectiCare of Massachusetts, Inc.						
Major Depression	11	1.53	107	14.89	118	16.42
Attention Deficit Hyperactivity Disorder	14	1.95	71	9.88	85	11.83
Eating Disorders	7	0.97	20	2.78	27	3.76
Chemical Dependency	0	0.00	28	3.90	28	3.90
Other Mental Health	167	23.24	1,426	198.44	1,593	221.68
Total Outpatient Behavioral Health Utilization	199	27.69	1,652	229.89	1,851	257.58
Health New England, Inc.						
Major Depression	2,291	67.08	4,433	129.80	6,724	196.88
Attention Deficit Hyperactivity Disorder	1,132	33.15	1,164	34.08	2,296	67.23
Eating Disorders	80	2.34	418	12.24	498	14.58
Chemical Dependency	225	6.59	860	25.18	1,085	31.77
Other Mental Health	4,312	126.26	18,005	527.20	22,317	653.46
Total Outpatient Behavioral Health Utilization	8,040	235.42	24,880	728.51	32,920	963.92
Neighborhood Health Plan, Inc.						
Major Depression	4,744	65.78	12,794	177.41	17,538	243.19
Attention Deficit Hyperactivity Disorder	2,725	37.79	7,196	99.78	9,921	137.57
Eating Disorders	35	0.49	270	3.74	305	4.23
Chemical Dependency	724	10.04	4,177	57.92	4,901	67.96
Other Mental Health	10,623	147.30	795,381	1,134.53	806,004	1,142.49
Total Outpatient Behavioral Health Utilization	18,851	261.40	81,818	1,134.53	100,669	1,395.93
UnitedHealthcare of New England, Inc.						
Major Depression	0	0.00	0	0.00	0	0.00
Attention Deficit Hyperactivity Disorder	36	4.69	88	11.47	124	16.16
Eating Disorders	0	0.00	4	0.52	4	0.52
Chemical Dependency	12	1.56	7	0.91	19	2.48
Other Mental Health	146	19.03	1,174	152.99	1,320	172.01
Total Outpatient Behavioral Health Utilization	194	25.28	1,273	165.89	1,467	191.17

Total Physician Encounters: 274,603

Total Non-Physician Encounters: 833,030

Total Encounters: 1,107,633